



Portland Cleaning Services

REGULAR CLEANING CHECKLIST

GENERAL AREAS (ALL ROOMS)

- Dust and polish all visible surfaces
 - Wipe doors to remove fingerprints and smudges
 - Remove cobwebs and dust from walls, ceilings, baseboards, blinds, and windowsills
 - Clean mirrors and glass surfaces
 - Vacuum upholstered furniture (sofas, chairs)
 - Vacuum carpets and floors
 - Mop all floors
 - Empty trash bins
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KITCHEN

- Wipe countertops, stovetop, and backsplash
 - Clean range hood
 - Wipe exterior surfaces of cabinets
 - Clean microwave inside and out
 - Wipe and polish exterior of refrigerator, dishwasher, and oven
 - Wipe small appliances (kettle, toaster, coffee maker, etc.)
 - Wash and polish sink and faucets
 - Wipe dining table and chairs
 - Vacuum and mop floors
 - Empty trash bins
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BATHROOM

- Disinfect toilet
 - Clean mirror
 - Wash sink and faucets
 - Clean tub or shower
 - Wipe tiles around sink and bathtub
 - Wipe shelves, faucets, and countertop items
 - Vacuum and mop floors
 - Empty trash bin
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BEDROOM

- Change bed linens (upon request)
 - Remove cobwebs and dust from ceiling, walls, and baseboards
 - Dust nightstands, dressers, and picture frames
 - Wipe mirrors
 - Clean windowsills
 - Vacuum floors
 - Mop floors
 - Empty trash bin
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LIVING ROOM

- Dust furniture, TV, and décor
 - Clean remote controls and surfaces from fingerprints
 - Vacuum sofas, chairs, and rugs
 - Wipe glass surfaces
 - Mop floors
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ENTRYWAY / HALLWAY

- Wipe doors and handles
 - Clean shoe rack or closet
 - Wipe mirrors
 - Vacuum and mop floors
 - Empty trash bin
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